

Position Description

Position Title:	Youth Mental Health Worker (Youth Plus) – Provisional Psychologist
Classification:	Stream D - Direct Service Delivery, Band 2

Purpose of the Role

The Youth Mental Health Worker (Youth Plus) will hold a case load of 15-20 (FTE) young people aged 12-25 years (and their families), who are experiencing or at risk of experiencing complex and severe mental ill-health. Within this role the Youth Mental Health Worker will provide assessment, short-term evidence-based treatment and coordination, and psychoeducation to family members and carers.

This role will work closely with families, GP's, Psychiatrists, headspace clinicians and allied health contracted staff to facilitate coordinated care and treatment for moderate to severe mental health disorders.

Key Relationships

The Youth Mental Health Worker (Youth Plus) reports to the headspace Centre Manager. You will be required to maintain effective working relationships with other staff employed or visiting to provide services within headspace; the headspace partner organisations; and work closely with other headspace staff. The Youth Mental Health Worker (Youth Plus) role will work closely with the Clinical Team Lead(s) on a day-to-day basis who will oversee case planning and care provision. Supervision is provided as part of this role.

Position Responsibilities

Responsibilities for this position include, but are not limited to:

Service Delivery

- Augmenting information collected at triage and engagement stages with psychosocial Assessments, Mental State Examinations (MSE's), Risk Assessments (and where warranted develop safety plans) according to Marathon Health's policies and procedures.
- Successfully engaging with, and treating, young people developing (or at risk of developing) more severe and complex mental health concerns, through the provision of evidence-based psychological and social interventions tailored to the client's age, social and cultural background, beliefs and individual needs.
- Work collaboratively with the client, the client's carers and other headspace team members to determine care or service needs and assist with the coordination of care/service needs (inc further referral)
- Ensuring that a holistic approach is taken by consulting and collaborating with colleagues to provide optimal care to a young person, including attendance at relevant case meetings/clinical review.
- Support the Young Person to make informed decisions as coordinators of their own care and encourage Family Inclusive and Evidence Informed Practice.
- Promote sociocultural inclusiveness, and youth participation across the headspace service in accordance with relevant guidance documents including the Cultural Safety Framework and the Diversity Inclusion Statement.

- Advocate on behalf of young people whose care needs are being coordinated by Youth Plus (e.g. with other workers, schools, employers etc).
- Maintain and update active client files and store these active files according to legal requirements, using the electronic patient record system (Mastercare)
- Complete the minimum data requirements as specified by the program funding contract
- Contribute to the development, implementation, evaluation and reporting of continuous clinical quality improvement activities to improve the clinical service provision and outcomes for clients.

General

- Assist in organising and delivering community capacity building, community awareness, and education and training activities
- Represent headspace and Youth Plus at key community agency networking meetings, community events and functions which may involve travel out of town, weekend and/or evening attendance.
- Contribute to the development of headspace program strategies, plans and timelines in conjunction with the headspace Centre Manager, and adhere to plans for the successful implementation of the program.
- Prepare recommendations, reports and proposals, as necessary, to meet Marathon Health requirements and document processes and findings of the program.
- Participate in organisation-wide team meetings, collaborative planning activities and quality assurance activities to ensure ongoing improvement of the service.

Other Duties

- Comply with the Work Health and Safety policies and procedures at all times.
- Undertake continuing professional development as required to ensure job skills remain current.
- Attend/participate in out-of-hours meetings and functions as required.
- Participate in staff activities and processes.
- Actively participate in annual performance planning and review activities.
- Other duties as directed from time to time.

Our Values

Staff are expected to demonstrate our **ICARE** values:

Integrity & Trust

Collaboration & Innovation

Achievement & Excellence

Respect & Empowerment

Empathy & Understanding

Special Job Requirements

1. Screening including criminal history, working with children check, qualifications, and professional registration may be undertaken prior to commencing employment.
2. Eligibility to work in Australia.
3. Valid Australian Driver's Licence.
4. It is a requirement for this position that you are fully vaccinated against COVID-19.

Note:

This position description is not a duty statement; it is only intended to provide an outline of the key responsibilities of the position. Employees are expected to carry out any duties, within the scope of their ability, that are necessary to fulfil the position objectives.

It is expected that this position description will change over time due to the nature of Marathon Health activities. A flexible attitude to change is expected of staff. Any proposed changes will be discussed with you.

I, the undersigned, agree to be employed under the terms and conditions as detailed in this position description.

Signed _____

Date _____

Print Name _____

Selection Criteria

Essential

- Possession of tertiary qualifications in Psychology, Social Work or other allied health discipline recognised by the tertiary mental health services sector.
- Provisional or Registered Psychologist or Qualified Social Worker.
- Current registration with the Australian Health Practitioner Regulation Authority (AHPRA) or current full membership with the Australian Association of Social Workers (AASW).
- Experience in working with young people with severe or complex mental health needs, including assessment, crisis intervention, and evidence-based interventions.
- Highly developed interpersonal, written, and verbal communication skills, including proficiency in using client information management systems and electronic health records.
- Excellent time management and organisational skills.
- Please note that we require all staff be fully vaccinated against COVID-19, a Working with Children and National Police Check clearances.

Desirable

- Membership to the Australia Psychological Society.