

# Integrated Team Care

**The Integrated Team Care (ITC) program supports Aboriginal and Torres Strait Islander peoples with chronic disease\* in the Murrumbidgee region.**

Working with your GP, our care coordinators will support you to access the right health services and may be able to help you meet related costs.

Our care coordinators will assess your healthcare goals and can:

- Work with you, your relevant carers and your GP
- Liaise with other local service providers to ensure you are accessing the right services
- Coordinate healthcare needs and prioritise health goals
- Use a team-based/empowering approach to your care planning
- Support you to self-manage your chronic health condition/s

\* For the purpose of the ITC program, and consistent with the MBS, an eligible condition is one that has been, or is likely to be, present for at least six months.

## How to access

To access this service, ask your GP to complete a referral form, available on our website, and email to our ITC team.

To be eligible for this program, you will need to have a current Medicare card.

## What will happen?

A care coordinator will contact you to arrange an appointment either at your GP's practice or your home.

Your care coordinator will discuss with you and your GP the best treatment plan to support you to self-manage your chronic health needs. This program is not funded for long-term care.

## More information

 **1300 402 585**  **ic.intake@marathonhealth.com.au**

 **marathonhealth.com.au/itc**



Marathon Health pays respect to the traditional custodians of the land we stand upon. This seal represents our commitment to working with our communities for a better future for all.

**Marathon Health** is a not-for-profit, registered charity delivering high quality health and wellbeing services to people wherever they choose to live. This service is supported by funding from firstHealth Limited and Murrumbidgee Primary Health Network through the Australian Government's PHN program.

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